

RESOLUTION NO. 2018-80

A RESOLUTION APPROVING AND AUTHORIZING THE MAYOR TO EXECUTE AN AGREEMENT WITH CORPORATE HEALTH PARTNERS TO DEVELOP AND ADMINISTER A WELLNESS PROGRAM FOR AN AMOUNT NOT TO EXCEED \$30,000; RATIFYING THE MAYOR'S EXECUTION OF SAID AGREEMENT; PROVIDING FOR AN EFFECTIVE DATE; AND FOR OTHER PURPOSES.

WHEREAS, the City of Powder Springs (the "City") has carefully reviewed various options to provide medical insurance benefits for its employees, and it desires to partner with Corporate Health Partners ("CHP") to provide a wellness program as part of the City's benefits to enable its employees to improve their health and overall quality of life; and

WHEREAS, CHP offers a wellness program that includes health coaching with one-on-one meetings between a professional health coach and the employee to work toward personal health goals; learning strategies to become healthier through healthy breaks; challenges to help make small lifestyle changes that add to a healthier employee; and support for a wellness team of peers who will help promote the wellness program; and


WHEREAS, the City recognizes that staff and plan participants are all busy and can find it hard to think about staying active, eating well and taking care of themselves, and the City desires to make employees' well-being a priority by providing a wellness program that will help employees be mindful of simple ways to keep their body and mind healthy on a daily basis; and

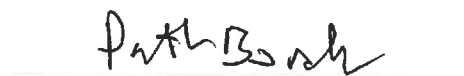
WHEREAS, in order to have the wellness program in place at the beginning of the fiscal year, certain measures had to be put into place early May for scheduling of health screening events and employee selection of benefit plans, including executing the contract with CHP; and

WHEREAS, given the direction from the elected officials to the City Manager at its recent agenda meeting to include a wellness program in the proposed budget, the CHP contract was presented to and signed by the Mayor, and the City desires to ratify said action;

NOW THEREFORE, be it hereby resolved by the Mayor and Council of the City of Powder Springs that it approves and authorizes the Mayor to execute, and ratifies the Mayor's execution of, an agreement with Corporate Health Partners to develop and administer a wellness program for an amount not to exceed \$30,000, subject to review and approval by the City Attorney. This resolution shall be effective immediately upon adoption.

SO RESOLVED this 21st day of May, 2018.


Albert Thurman, Mayor

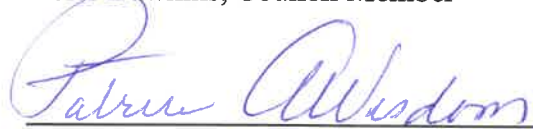

Patrick Bordelon, Council Member

[additional signatures follow]

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Doris Dawkins, Council Member



Patricia Wisdom, Council Member



Henry Lust, Council Member



Thelma C. Farmer, Council Member

ATTEST:
Kelly Axt, City Clerk

